



Telephone: 01253 770829
 Address: 15 Lord St, FY7 6DX, Fleetwood
 Email: takeyourpickenquiries@hotmail.com

<u>VEGETABLES</u>		<u>VEGETABLES</u>	
Cauliflower (Large)		Red Cabbage	
Broccoli (Large)		White Cabbage	
Maris Piper 25kg		Savoy Cabbage	
Baking Potato 40's		Cress (large pot)	
Pilling Potatoes 25kg		Celery (pack)	
Whitewash Potato 20/25kg		Avocado (large)	
Italian New Potatoes 10kg		Kale (6)	
Salad Potatoes 10kg		Mushroom Closed Cup 2.27kg	
Cyprus Potatoes 20kg		Mushroom Breakfast 2.27kg	
Courgette		Mushroom Chestnut 2.27kg	
Parsnip 1KG		Mushrooms 2.27kg	
Fine Beans 10pk		Spring Onion (bunch)	
Asparagus (individual bunches)		Iceberg's	
Butternut Squash		Little Gem Lettuce (2 pack)	
Red Onion (Large)		Cucumber	
Root Ginger (loose box)		Red Pepper (Large)	
Garlic (individual unit)		Yellow Pepper (Large)	
Brown Onion 1KG		Green Pepper (Large)	
Leek			
Swede			
Hispi Cabbage			
Carrots 1KG			

We always aim to give the best possible prices – should a price fluctuate greatly, where possible we will provide the item at cost price. IF AN ITEM IS NOT LISTED THAT YOU MAY REQUIRE PLEASE ENQUIRE. To discuss further please contact Zoe – 07824168359 or Katie - 07772880997



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<u>PREPARED VEGETABLES</u>	
(Vacuum Packed available)	
Diced or Sliced Red Pepper 1KG	
Diced or Sliced Yellow Pepper 1KG	
Diced or Sliced Green Pepper 1KG	
Diced or Sliced Mixed Peppers 1KG	
Diced or Sliced Carrots 1KG	
Peeled Whole Carrots 1KG	
Diced Carrot & Swede 1KG	
Baton Parsnip 1KG	
Diced Parsnip 1KG	
Diced Red Onion 1KG	
Diced Brown Onion 1KG	
Peeled and Chopped Washed Whites Potatoes 1KG	
Peeled Whole Washed Whites Potatoes 1KG	

<u>SOUP MIX (Serves 4-6 bowls)</u>	
Tomato Soup	
Butternut & Sweet Potato	
Winter Veg	
Carrott and Coriander	
Leek and Potato Soup	
Cauliflower Cream Soup	
Broth Mix 500g	



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<u>FRUITS</u>		<u>FRUITS</u>	
Golden Delicious Apple (66)		Nadacot (53)	
Red Delicious Apple (60-70)		Lime (48)	
Braeburn Apple (135)		Lemon (35)	
Granny Smith Apple (60)		Large Pineapple (9)	
Pink Lady Apple (84)		Large Honeydew Melon (8)	
English Gala Apple (66)		Honeydew Melon Half	
Cox's Apple (66)		Red Grapes (10)	
Salad Tomato 6kg		Green Grapes (10)	
Tomatoes on Vine 3kg		Blueberries (punnet)	
Orange Large (48)		Raspberries (punnet)	
Clementine (75)		Strawberries (punnet)	
Satsuma (80-90)		Blackberries (punnet)	
Banana 18kg		Watermelon (5)	
Autumn Giant Plum 6kg		Watermelon Half	
Giant Plum (6kg)		Grab & Go Fruit Pot	
Conference Pear 12kg		Grapefruit	
Kiwi (33)		Pomegranate	

<u>FRESH FRUIT JUICE</u>	
Traditional Glass Bottled Fresh Orange Juice (1 pint)	
Fresh Apple Juice 1L	
Fresh Grapefruit Juice 1L	
Fresh Mango Juice 1L	
Fresh Cranberry Juice 1L	
Apple Juice 250ml	
Orange Juice 250ml	
Orange Squash 5L	
Blackcurrant Squash 5L	



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<u>DAIRY</u>	
13L Pergal Milk Whole	
13L Pergal Milk Skimmed	
Milk 2L (4 Pints) Skimmed/Semi-Skimmed/Whole	
Traditional Glass Bottled Fresh Strawberry Milkshake (1 pint)	
Traditional Glass Bottled Fresh Chocolate Milkshake (1 pint)	
Traditional Glass Bottled Fresh Banana Milkshake (1 pint)	
UHT 1L Long Life Semi Skimmed	
UHT 1L Long Life Whole Milk	
Double Cream 2L	
Single Cream 2L	
Double Cream 270ml	
Single Cream 270ml	
Whipping Cream 2L	
360 Eggs (12 trays)	
30 Eggs (tray)	
Sunny Days Margerine 2kg	
Natural Yogurt	
Mild Cheese 2.6 KG Block	
Mild Grated Cheese 2kg	
Mature Grated Cheese	



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<u>Tinned Goods</u>		<u>Frozen Goods</u>	
Plum Tomatoes 6 x 2.55kg		Chips 9/16 4 x 2.27kg	
Chopped Tomatoes 6 x 2.5kg		Aviko Large triangular Hash Browns 2.5kg	
Baked Beans 6 x 2.6kg		McCains Regular Hash Browns 1KG	
Mushy Peas 6 x 2.6kg		Premium Pork Sausages (8's) 4.54kg – 80 UNITS	
Tuna Chunks in Brine 6 x 1.7kg		Chicken (diced) Steam Cooked 2.5kg	
Sweetcorn Kernal's 6 x 2.12kg		Chicken (strips) Steamed Cooked 2.5kg	
Prunes in Syrup 6 x 2.6kg		Chicken Breast Fillet Whole Steam Cooked 2.5kg	
Peaches Slices in Syrup 6 x 2.65kg		Mini Petit Pain 90 x 35g	
Pineapple Rings in Syrup 6 x 3kg		Plain Bagel Sliced 48 x 115g	
<u>Cleaning Products</u>		Croissants 60 x 65g	
Premium Washing Up Liquid 5lt		<u>Fish (Frozen)</u>	
Thick Bleach 5lt		Cod 6/7oz Fillet S/B 4.54kg	
Dishwasher Tablets x 100		Battered Cod Fillet 6-7oz x 18pieces	
Lemon Floor Gel 5lt		Breaded Cod Fillet 6-7oz x 18pieces	
Anti-Bacterial Spray 6 x 750ml		King Prawns Raw Peeled 16/20 1kg	
Heavy Duty Liquid Degreaser		Icelandic Prawns - 150's 2kg	
Blu Rolls 2ply x 6		Battered Cod Goujons 1kg	
Super Jumbo Toilet Rolls 320 sheets 36 Rolls		Salmon Fillet 140-160g Portions x 10	
Dishcloths Large x 20		Wholetail Breaded Scampi 454g	
Large Sponge Scourers x 10		Fish Fingers 60 x 25g	
<u>Pastas/Rice's</u>		Breaded Plaice 7-8oz x 15 pieces	
Pasta Quills - Penne 3kg		<u>Sauces</u>	
Pasta Twists - Fusili 3kg		Tomato Ketchup 4L	
Pasta Shells - Conchiglie 3kg		Brown Sauce 4L	
Lasagne Sheets 6 x 500g		Tomato Ketchup 1L	
Short Cut Spaghetti 3kg		Brown Sauce 1L	
Easy Cook Long Grain Rice 5kg		Mayonnaise 1L	
Short grain rice 3kg		Salad Cream 1L	



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<u>Gravy Mix/Cooking Oils</u>	
Knorr Meat Gravy Granules GF 25Lt	
Bisto Gravy Granules 25Lt	
Bisto Chicken Gravy Granules 25Lt	
Vegetable Oil 5L	
Vegetable Oil 20L	
<u>Meats (Fresh)</u>	
Selected Unsmoked Back Bacon 4 x 2.27kg	
Selected Unsmoked Back Bacon 2.27kg	
Sliced Farmhouse Ham 500g	
Sliced Cooked Chicken 500g	
Sliced Cooked Turkey 500g	
Sliced Cooked Topside Beef 500g	
Berry Company Black Pudding 1.36KG	

<u>Desserts (Frozen)</u>	
Vanilla Ice Cream 4L	
Chocolate Ice Cream 4L	
Strawberry Ice Cream 4L	
Strawberry Cheesecake 16 portions	
Blackcurrant Cheesecake 16 portions	
Mandarin Cheesecake 16 portions	
Chocolate Fudge cake 18 portions	
Black Forest Gateau 18 portions	
Victoria Sponge 16 portions	
Victoria Sponge 16 portions	

<u>Cereals, Biscuits and Confectionary</u>	
Porridge Oats 3kg	
Kellogg's Bran Flakes 4 x 500g Bag	
Kellogg's Corn Flakes 4 x 500g Bag	
Teabags	
Coffee	
White Granulated Sugar 1kg x 15 bags	
Custard Creams x 36 packs	
Lemon Creams x 36 packs	
Chocolate Creams x 36 packs	
Digestive Creams x 36 packs	
Table Salt 6kg	
Ground White Pepper 600g	

If you require items that are not on the list, please ask and we can source these for you.

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